



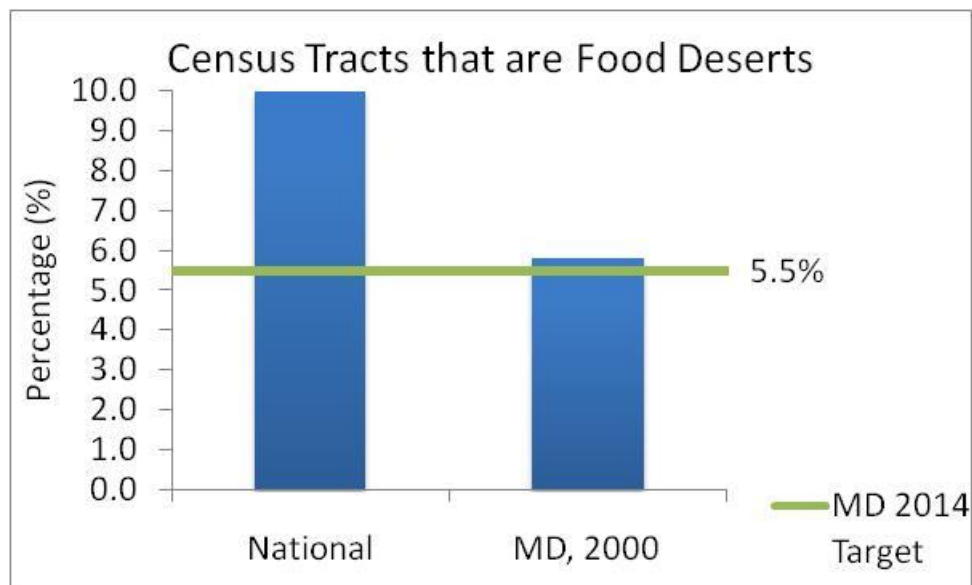
## Vision Area 3: Safe Physical Environments

### Objective 18: Increase access to healthy food

Access to healthy food is important to a healthy diet and is associated with achieving and maintaining a healthy weight. Increasing access to healthy food options, and thereby decreasing food deserts-- places where healthy food is difficult to obtain-- may lead to decreases in obesity and chronic disease.

#### Statistics and Goals

Measure: Percentage of census tracts that are considered food deserts



Source: United States Department of Agriculture, Economic Research Service Food Desert Locator

A Food Desert is a low income area where people live far away from a grocery store

National Baseline	Current MD Baseline	Healthy People 2020 Target	MD 2014 Target
10%	5.8%	N/A	5.5%

[Go to Healthy People 2020 Objective](#)

[Detailed data information](#)